

# **A Family's Guide to the Child Welfare System**

adapted for

## **Cases in Oregon Juvenile Courts**



prepared by

**The Juvenile Law Resource Center**

**A Program of Youth, Rights & Justice, Attorneys at Law**

in collaboration with

**The Parent Mentors of Parents Anonymous ®**

**A Program of Morrison Child Family Services**

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## INTRODUCTION AND ACKNOWLEDGEMENTS

### Tips for Using *A Family's Guide*

- ✓ You don't have to read this guide from cover to cover. You might find some sections more useful than others.
- ✓ You can use the table of contents to find the questions that are most important to you. Words in **bold** are defined in the back of this guide.
- ✓ If you find this Guide is too difficult to read and understand, ask someone to help. This could be your lawyer, a friend, a family member, or someone else you trust.
- ✓ If English is not your first language, you can ask for someone to help interpret or translate this information for you.

You are part of a **juvenile dependency case** because the Oregon child welfare system (the Department of Human Services – DHS) has brought the case involving your child(ren) to the **juvenile court**. It is important that you understand the **juvenile court** process and your rights. This guide will answer some of your questions. You should discuss your questions with your lawyer. This guide is meant to inform you, not give you legal advice.

*A Family's Guide* was written to help you better understand how the child welfare and **juvenile court** systems work, to inform you of your rights and responsibilities, and to help answer questions you may have. Reading it can help you become involved and feel empowered. We hope it helps you reach a positive solution for your family.

This Guide covers Oregon law. It was written in May of 2010, and does not include changes in the law made later. You can find links to the laws covering your case in Section 11. This guide is designed for lawyers to give to their clients at their first meeting. If your child is all or part Native American, then special laws may apply to your case that are not covered in this Guide.

The Juvenile Law Resource Center of Youth, Rights & Justice publishes this Guide for Oregon families. It is an adaptation of *A Family's Guide to the Child Welfare System*, a national publication put

together by families involved in the child welfare system and a collaborative effort among the National Technical Assistance Center for Children's Mental Health at Georgetown University Center for Child and Human Development, the Technical Assistance Partnership for Child and Family Mental Health at American Institutes for Research, the Federation of Families for Children's Mental Health, the Child Welfare League of America, and the National Indian Child Welfare Association. Permission to adapt the national guide for use by Oregon families was granted by Kevin W. Enright, Program Manager, National Technical Assistance Center for Children's Mental Health at Georgetown University Center for Child and Human Development.

Special thanks to Dover Norris-York for her work in preparing this Guide, and to the parent mentors, who shared with us their stories giving a voice to their experience being a parent in a **dependency case** in **juvenile court**.

*"All it takes is one person  
to believe in you."*

*Angelina,  
Parent Mentor*

# **Part 1**

## **What You Need to Know First**

## **Urgent Information for Parents of Children Who Were Just Removed**

### **Get a lawyer.**

- If the court decides you cannot afford a lawyer, then it will provide one for you free of charge. If there is no lawyer for you in court, you can ask to postpone the hearing until you have a lawyer there to represent your interests.
- If the court decides you can afford a lawyer, ask for a list of lawyers who handle these cases and ask the court to postpone the hearing until you can hire a lawyer.

### **Limit what you say to the court or anyone who is not your lawyer.**

- Anything you say to anyone (except your lawyer) in court or out of court can be used against you in both the juvenile court case AND any ongoing or new criminal cases.
- If CPS found you did something that is a crime, then the state might bring criminal charges against you.
- Even if you do not have criminal charges, what you say to caseworkers and treatment providers may affect your case.

### **Do not sign any papers without talking to your lawyer.**

### **Challenge the reasons DHS gives for removing your children.**

- At the first hearing, DHS will tell the court why it removed your children and why they need to stay out of your care.
- Explain why the problems DHS found do not really exist.
- If DHS found problems that do exist, explain how you can protect your children so that they can live with you without being harmed.

### **If the court does not return your children, then say who you want your children to live with temporarily.**

- If you have friends or relatives who can care for your children, have them come to the hearing, if possible.
- Have the phone numbers and addresses of friends or relatives who can care for your children.
- Explain why your children should be placed together in the home where they are sent to live.

### **If the court does not return your children, then ask for visits.**

- Visiting your children as much as possible is very important; ask the court for the most visits possible.
- Be on time for all
- Go to Part 2, Section 3 for more information about this hearing.



## Your Rights as a Parent in a Dependency Case in Juvenile Court

Your lawyer wants you to know that you have important rights in this case. Here are some of your rights. Talk about them with your lawyer.

1. You have the right to adequate legal representation by a competent lawyer in your **juvenile court** case because of the complexity and serious nature of these cases. The judge will decide if you qualify for a lawyer to work with you at no cost to you. If you do not have a lawyer at court, ask the judge for a lawyer.
2. You have the right to know what problems led DHS to remove your child from your home. The problems are called **allegations** and are written down in a **petition** that must be given to you.
3. Your lawyer should be given all papers that DHS makes in your case, and you should ask your lawyer to show you the papers and give you a copy if you want one.
4. You have the right to a hearing within 24 hours (not including days the court is closed) of removal of your child to decide if your child can be safely returned to you.
5. You have the right to a trial on the **allegations** in the **petition**.
6. You have the right to have a fair judge make decisions in your case. Judges must follow state and federal laws to make decisions based only on the information they hear and read in your case (**evidence**); and they do not work for DHS, the District Attorney, or the Attorney General.
7. You have the right to spend time with your child in visits after the **shelter hearing**, unless the judge decides that, even with supervision, you are too much of a danger to your child.
8. You have the right to **services** to reunite your family, including the right to apply for any **services** that DHS child welfare provides. You also have the right to refuse **services** that have not been ordered by a court.
9. You have the right to be treated fairly and courteously by DHS staff and to non-discriminatory treatment regardless of your race, color, religion, national origin, sex, sexual orientation, age, citizenship, political affiliation, language, marital status, or disability.
10. You have the right to have information presented to you in a language or format you can understand, including documents in your language, braille, or oral presentation, with an **interpreter** if needed.
11. You have the right to **testify** in court, which means you can tell the judge your side of the story while everybody respectfully listens. If you do **testify**, you will be asked questions by the other lawyers in the case, who may try to show that you are not telling the whole truth about what happened.
12. You have the right to bring people to court who can **testify** about what happened.
13. You have the right to appeal many court decisions by asking your lawyer to file a **notice of appeal** within 30 days of the decision you want to have reviewed by the Oregon Court of Appeals. Your lawyer must file the notice within 30 days.

# MY CASE RECORD

My lawyer is: \_\_\_\_\_

Phone No.: \_\_\_\_\_

My child's lawyer is: \_\_\_\_\_

My child's other parent's lawyer is: \_\_\_\_\_

The **Court Appointed Special Advocate (CASA)** for my child is: \_\_\_\_\_

Phone No.: \_\_\_\_\_

The Judge or Referee is: \_\_\_\_\_

## DHS Contacts

The **Child Protective Services (CPS)** Worker is: \_\_\_\_\_

Phone #: \_\_\_\_\_

The Department of Human Services (DHS) Case Worker is: \_\_\_\_\_

Phone #: \_\_\_\_\_

The DHS Case Worker's supervisor is: \_\_\_\_\_

Phone #: \_\_\_\_\_

In the back of this Guide are pages for you to write down the day, time and place of each hearing as you get that information. At each hearing, the next hearing is set on the court's calendar, and you should add each to your own calendar and this Guide.

The voices in the Guide are all those of real people, mostly Oregon parents, who have shared part of their own story and whose job is to support parents in **dependency cases** through the Parent Mentor program. Information about that program and others that can help you are listed in Section 11 of this Guide.

### Jennifer's Voice:

I do not remember my first court hearing or what it was like. It was all a big blur. I do not remember much interaction with my lawyer at all either. That hearing and ones after that all happened at the juvenile courthouse, which is miles from the downtown county courthouse. Much later in the case, there was a hearing on terminating my parental rights and I showed up at the juvenile courthouse on time to learn that the hearing was at the downtown courthouse. I went there and was late to court and it was a default on my part and my parental rights to my children were terminated.

I learned the hard way that parents need to get clarification from the judge and their lawyer on where the hearing or trial will happen. It is very important to get clarification on anything and everything if you are ever unsure of what is going on, what you are supposed to be doing, or where you are supposed to be and when. Always ASK!

USE THIS SECTION TO KEEP TRACK OF COURT DATES

<b>Next Court Date:</b>	<b>Time:</b>
<b>Place:</b>	<b>Address:</b>
<b>Things to do before my next court date:</b>	
<b>Things to bring to my next hearing:</b>	
<b>Next Court Date:</b>	<b>Time:</b>
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<b>Next Court Date:</b>	<b>Time:</b>
<b>Place:</b>	<b>Address:</b>
<b>Things to do before my next court date:</b>	
<b>Things to bring to my next hearing:</b>	

# **Part 2**

## **Working with Your Lawyer: The First Part of Your Case**

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## **Section 1: Child Welfare Cases in Juvenile Court**

The child welfare system in Oregon is made up of programs run by the Oregon Department of Human Services (DHS). **Child Protective Services (CPS)**, Family-Based Services, and Foster Care are three programs in the **Children, Adults and Families Division of DHS**. The child welfare cases that DHS brings to the **juvenile court** are called **juvenile dependency** cases.

### **What is the role of DHS in abuse and neglect cases?**

The **Children, Adults and Families Division of DHS** is responsible for:

- responding to reports from people in the community who think that children are being **abused** or **neglected**
- helping families solve the problems that cause **abuse** or **neglect**
- helping children to be safe and secure
- working with families so children removed from home can safely return
- ensuring that children receive adequate care while they are away from their families
- finding another suitable permanent home for children who cannot return home

### **What is abuse?**

**Abuse** can include any physical harm to a child that is not accidental. It also includes any sexual behavior with a child.

### **What is neglect?**

**Neglect** can include failing to give a child enough food, clothing, or safe shelter to keep them safe from harm. Parental issues with drug or alcohol **abuse** often lead to charges of **neglect**. Another example of **neglect** is when children are harmed by **domestic violence** between the parents or other adults. **Neglect** may also be charged when parents fail to adequately stop or protect their child from sexual **abuse** that they should know is happening.

### **What is the role of the Juvenile Court in DHS cases?**

When DHS believes a child is being **neglected** or **abused**, it begins a legal case with the **juvenile court** by giving the court a **petition** stating the information DHS has about the family's situation and why the child's safety is in danger. This happens every time a child is removed from home and sometimes happens while the child stays at home. It is the job of the **juvenile court** to protect the rights of the family by deciding whether the information from DHS is enough to allow the child to be temporarily placed in foster care. After the **investigation**, there is a trial or a hearing at which the **juvenile court** determines whether DHS should continue to be involved with the family and whether the child's **placement** in foster care should continue. Even when the child is returned home, the **juvenile court** can continue the involvement of DHS and the court in the family's life.

### **What do lawyers do?**

A lawyer advises a client about the law and speaks for the client at court and in other meetings. Lawyers have to go to law school and be **licensed** by the state in order to work as a lawyer.

You can hire a lawyer to represent you in your **juvenile court** case. If you do not have enough money to hire a lawyer, ask the judge to appoint one for you at no cost. There may be a lawyer already assigned to work with you and another lawyer representing your child. Each case should have a lawyer for the child and for each parent.

In most counties, lawyers from the Oregon Attorney General's office represent DHS. In some cases, the District Attorney is involved early in the case to represent the State's interests, and may work together with the DHS case worker.

### **What is my lawyer's job?**

See Section 5 on working with your lawyer. Your lawyer must give you legal advice and take action to help you with your case. The final decisions on what positions you take in the case are always your decisions, but you should listen carefully to your lawyer's advice before you make up your mind. In working toward your goals, your lawyer uses his or her expertise to decide what strategies to use during your case. Your lawyer works for you and only you—not the **juvenile court** or DHS. Your lawyer's only concerns are your rights and interests.

### **Who works for the interests of my child?**

Usually, someone will be **appointed** to represent your child's legal interests. This is usually a separate lawyer for your child. If your child has not been **appointed** a lawyer, you may want to talk to your lawyer about asking the court to appoint one. In some cases, your child may also be **appointed a court appointed special advocate (CASA)**. A **CASA** may be involved even if a lawyer is **appointed** for your child. The child's lawyer will follow the child's wishes if the child is able to use **considered judgment**, which means the child is old enough to tell the lawyer what he or she wants. Usually, only children ages 7 and older are old enough to have a say in what they want. If your child is younger, the lawyer will independently decide your child's best interests and work to advocate for those interests. If you have more than one child involved in a case, they may all be represented by one lawyer, or there may be more than one lawyer for children in the case.

### **Who are court appointed special advocates (CASAs) and what do they do?**

The **CASA** program trains community volunteers to speak up in court for what they believe to be in the best interest of children who have been **abused** or **neglected**. The **CASA** is charged with telling the judge what he or she believes is in the best interests of your child. The **CASA** will want to talk with you about the case – make sure that you have discussed this with your lawyer first.

### **Who are the parties to the case?**

The parties are the people who have a right to participate in the case – the children, all of their parents, the State of Oregon represented by DHS and sometimes a lawyer from the District Attorney's or Attorney General's office. When a **CASA** is involved, he or she also is a **party**. Each **party** may have a lawyer to represent their interests.

### **What is a Citizen Review Board (CRB)?**

The **CRB** is a small group of trained volunteers, **appointed** by the Chief Justice of the Oregon Supreme Court, who review the progress of cases of children who have been removed from home. Findings and **recommendations** from the **CRB** are forwarded to the court that has **jurisdiction** of the child. **CRB** review may take the place of a court hearing, and if the judge, after reading the findings and **recommendations** of the **CRB**, believes that a hearing is necessary, then the judge may order that one be held.

## **Section 2: The Beginning of a Case**

If reports cause DHS to have concerns about a child's welfare, then a **Child Protective Services (CPS)** worker will talk to the child, parents, or other persons to find out more about the situation. If the **CPS** worker thinks the child is not safe, then the child will be removed immediately. DHS has **CPS** workers involved just at the beginning of a case; after that an ongoing caseworker from the DHS office will be assigned to work with your family. Removal of a child during, or at the end of, an **investigation** is a very serious and painful event for both the child and the family.

### **Will there be a court hearing if my child is removed from my home during a DHS investigation?**

Yes. Unless you have agreed to work with DHS on a **voluntary** basis or agreed to have your child placed outside of your home, DHS may make an **emergency removal** of your child, but a court hearing must be held within 24 hours – not including days the court is closed. This is called **protective custody**. DHS must file a **neglect** or **abuse petition** with the **juvenile court** asking for this **protective custody** to be continued. The hearing held within 24 hours is called the **shelter hearing** in most counties.

### **Does the fact that I had a hearing in court mean that CPS found my child's safety was in danger?**

Yes. If you have been given this Guide, it is because a case was started in **juvenile court**. That happens when the **CPS** worker has found enough information to have **reasonable** cause to believe that your child was **neglected** or **abused**, and has stated those claims as **allegations** in a **petition** filed with the court.

### *NeCola's Voice*

In my first experience with DHS, I went to the courthouse to find out what the **allegations** were against me. I only knew of two (domestic violence and drug abuse). During the hearing, the worker read off the two **allegations** I knew of and then said three or four more. The way the **allegations** were broken down into so many parts made me feel defeated. I was baffled, scared and felt like a failure as a mom. Because I felt overwhelmed, it was hard to fight for my kids.

Now that I am a parent mentor, I see that lawyers can help clients understand how the **allegations** are broken into parts when they are listed in the petition. That helps parents be prepared, both mentally and emotionally, for what will happen in court. Understanding what is happening helps the parents I work with feel more hopeful and open-minded to work towards healing their families.

**Warning: Anything you say to anyone (except your lawyer) in court or out of court can be used against you in both the juvenile court case AND any ongoing or new criminal cases. ALSO, if CPS found you did something that is a crime, then the state might bring criminal charges against you.**

You already may have criminal charges against you in a criminal case that involve some of the same behaviors listed in **allegations** in the **petition** by DHS. For example, your criminal case may include **allegations** of prostitution, possession of drugs, or violation of a restraining order, and the same or similar **allegations** may be in the **petition** given to the **juvenile court**.

You have a right to remain silent during any part of a criminal **investigation** or case. In the **juvenile court** case, always talk to your lawyer about what you should or should not say if there are or could be criminal charges against you. Your lawyer will help you tell the judge that you want to use your right to be silent about some of what happened.

Even if you do not have criminal charges, what you say to caseworkers and treatment providers may affect your case. Talk to your lawyer about what you should or should not say. Always talk to your lawyer before signing any papers.

## **Section 3: The First Hearing**

The first hearing is in court in front of a judge. Each county in Oregon has its own way of handling cases and uses different names for the hearings in **juvenile** cases. Many counties call these **shelter hearings**. At each hearing, the day and time of the next hearing is scheduled. Write that day and time in your calendar and on the note pages at the end of this Guide. Ask your lawyer to explain exactly what will be decided at the next hearing and write that down so you will remember because there are weeks or months between each hearing.

### **Who will be at the hearing?**

You have the right to be at all hearings in your case and you should do all you can to be on time. Ask a friend or family member to come with you to give you support. When you enter the courtroom the judge's clerk will be there and can tell you where to sit. The judge will wait for everybody to arrive before coming into the courtroom. DHS will have a case worker there to speak to the judge. Lawyers may be there to represent you, your child(ren), and any other parents of the children in the case. There may be a lawyer from the Attorney General's or the District Attorney's office there to represent DHS and other state interests. If the children involved are older, then they may be there.

### **Will I have a lawyer at the hearing?**

It depends. The state recognizes that as a parent you have important rights and that lawyers can help protect those rights. Some counties **appoint** a lawyer for parents at the beginning of the hearing or even a little before the hearing starts so you have some time to talk. Other counties will **appoint** a lawyer during the hearing and give you the name and phone number of your lawyer. Call your lawyer as soon as possible to set up a time to meet and talk about your case. If there is no lawyer representing you at this hearing, then ask the judge for a lawyer.

### **What happens at the shelter hearing?**

DHS shares its findings and gives the judge its opinion about whether the child should be returned home or not. The judge will ask you for your opinion about if your child should be with you or stay in care longer. If you have not been able to talk with your lawyer before the hearing, you can ask for a few minutes to talk during the hearing. If you do not have a lawyer at the hearing, then you can tell the judge about why you disagree with the DHS findings and how your family and friends can help you and your child live together safely.

### ***Char's Voice***

After a 35 year addiction to drugs, I finally had enough. I was sick and tired of being sick and tired. I had been at the bottom for so long, that I just didn't know how to get out. One day, a DHS caseworker came to my door and told me that she had already talked to my girls at their school and they were not coming home to me. The caseworker asked me if I would be willing to do treatment, but because of my multiple failed previous attempts at outpatient treatment, I knew the only thing that would work for me was residential treatment. The next day I went to court and did the orientation. I didn't really understand anything that was going on because I was still high and felt so much shame and guilt that I was in court without my girls. I was put into the FIT For Recovery program, as one of their first clients, and they were awesome. I went for the **assessment** and, 12 days later, I was in residential treatment.

The reason that my case went so smoothly was because I was ready. I was done with drugs and wanted to learn how to live my life clean and sober. Once I found out it was possible, I immediately accepted that this was my path to recovery. I now have 7 years and 10 months clean and sober.

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## Tips for Visiting Your Child

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✓ Work to develop a visiting plan that will work for you and your family. If your children have been placed in different homes, make sure that the plan also tells how they will be able to visit with each other.

✓ Visit as regularly as you can. This will be very important to your child.

✓ Following the visitation plan lets the court know that your children can depend on you.

✓ Ask what you are supposed to do if you can't make a scheduled visit.

✓ If you need help in paying for transportation to the visits, talk with your lawyer about how to get tickets or money to pay for travel expenses.

✓ It feels strange to be "visiting" with your own child. You can ask people to say **parenting time** instead of "visits."

✓ When you visit and talk with your child, try to understand that it is difficult for him or her to have more than one caregiver right now. Children sometimes think that they need to choose between a parent and a foster parent. Help your child accept caring from the foster parent.

## What does "protective capacity" and "protective action" mean?

A parent's "protective capacity" is how well a parent can protect his or her children from harm. A focus of this hearing will be deciding if you can protect your child from risks of harm in your home. Tell your lawyer how you can keep your child safe and, if needed, what actions friends and neighbors can do to help. All of the ways you work to keep your child safe are "protective actions." The DHS worker will tell the court if there are protective actions you can do in your home and whether they are enough. The court will listen to your lawyer share what you think needs to happen, if anything, and the judge will decide if "protective action" is needed for your child to live at home.

## What gets decided at the hearing?

The judge decides whether DHS made a mistake or whether the findings show a need for the state to help your family. If the judge continues the case at the end of the hearing, then DHS takes over making decisions that parents generally make. The judge decides where your child should live temporarily.

## Can the judge order DHS to return my child?

At any hearing, a judge can order the return of a child if there is no reason for the child to be out of his or her home. Even if your child is returned home, the judge may order you to be involved in **services** for you and your child.

## What can I do at this hearing to help my child?

Tell your lawyer about family members or close friends who can take care of your child or help you take care of your child in your home. The law requires DHS to look for family members who can act as a **foster family** to your child. Ask the judge to order DHS to provide you with times to telephone and visit your child.

## **Section 4: Where Children Live During a Case**

During the case, your child may live with you or the other parent. When the **court orders placement** out of your home, then DHS finds another place for them to live during all or part of the case. This is called an **out-of-home placement** or **substitute care**, and includes any of the children's relatives who are willing to be a foster parent for your child or a family you do not know.

### **Who will my child live with?**

If DHS removes your child, state law requires DHS to find out first if your child can live safely with a **relative**. **Placement** with a **relative** is often called **kinship care**. This can happen if the relative and DHS agree that it is a good plan and a safe **placement** for your child.

If **placement** with a **relative** is not possible, your child will likely go to a foster home or a temporary children's shelter. In some places, the first **placement** for a child may be a short-term group residence. In other places, children go directly to the **foster family** who will care for them until they can return home.

### **Will my child be sent far away to live?**

DHS must try to place children as close to their own homes and communities as possible.

### **What if my child has special needs?**

All foster parents must meet certain standards set by the state to help ensure that children will be safe and cared for. Most foster parents have been trained to understand the special needs of all children who live away from their families.

Children with very intensive treatment needs, may be placed immediately in a place that can meet their high needs. This could be a **therapeutic foster home**, a **residential treatment center**, or some type of medical **placement**. Group care facilities must be **licensed** and staff must meet standards set by the state.

### **Can I have a say in where my child lives?**

You can make suggestions. If you have relatives or very close friends who can provide a safe home for your child, be sure to tell the caseworker, your lawyer, and the judge about them as early as possible. Even if your relatives live out of state, it is still possible for them to be considered. It is the job of DHS to find the best place for your children to live while in temporary care.

### ***Mark's Voice***

My children were removed from us on three different occasions. The first time, my wife's parents kept her son and called DHS and the police to tell them that we were on drugs and not fit to care for him. After we admitted that we were using drugs, DHS opened a case and her son stayed with his grandparents. The second time, our children were removed from our house by the police. The police took them to the receiving center where they stayed for a short time. From there they went to stranger foster care for about a week and then moved in with their grandparents once DHS approved it. They were still in foster care but with family. The third time, my wife asked the police and the caseworker to call the children's grandparents to ask them to come and get them from where she was being arrested. Having my children with their grandparents was good for them. My children were in a place that they felt safe and where they were loved.

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## Tips for Child Placement

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✓ If your child has been removed from your home, tell everyone in the case about family members or others who can help you safely care for your child in your home.

✓ If you have relatives or very close friends who can provide a safe home for your child, be sure to tell your lawyer about them as early as possible.

✓ Even if your relatives live out of state, it is still possible for them to be considered.

✓ If you believe it is important for your children to be placed together, explain that to your lawyer

✓ When your child moves into an out-of-home placement, be sure that he or she takes some things from home to help feel more comfortable in the new placement, for example, some very special toys, pictures, favorite clothes, or other treasured items.

✓ Let the agency worker know what works to help calm and reassure your child, especially during this difficult time.

### Will my children live together?

If more than one of your children is being placed in foster care, and it is best for them to stay together, then DHS should place them together. Sometimes this is not possible for a variety of reasons. For example, there might not be a foster home large enough to care for all of your children, or one of your children might need to be placed separately where she or he can get special treatment. If you believe it is important for your children to be placed together, explain that to your lawyer.

### Who makes decisions about my children when they live in foster care?

Your child's caseworker and **foster family** will do their best to care for your child. They will make decisions about school, meals, and special **services** your child needs. You will continue to influence many of the decisions about your child, unless the judge directs otherwise. Your continued participation in the **service plan** is one way for you to have influence. You should be able to spend time regularly with your children unless the judge determines that, even with supervision, you are too much of a danger to your child. You should ask to attend medical appointments, school meetings, and other important events for your child, so you can continue to be part of important decisions and events in their life.

## **Section 5: Working with Your Lawyer**

Usually, you begin working with your lawyer at the start of a case and use the same lawyer for the whole case, which may last over a year. Your lawyer is in the case to help only you and does not work for DHS or the court. You are your lawyer's client. Your lawyer should act professionally and treat you with respect. To help you, your lawyer needs information from you about your child and your family. View your lawyer, his or her assistants, and yourself as one team working together to have the case end with the outcome you want.

### **When will I meet my lawyer?**

If you did not meet your lawyer at the first hearing, then call the phone number the court staff gives you to set up a time to meet with your lawyer as soon as possible. If you did meet your lawyer at the hearing, you still need to set up a time to talk more about your case. Sometimes lawyers are in trial on another case and will not be able to meet with you for several days. Get a calendar to write down the day, time, and place of your meeting with your lawyer.

### **What will my lawyer want to know?**

Your lawyer will want you to talk about each child and parent in your family, including information about their personality and daily activities. It is important to tell your lawyer about any difficulties you have with alcohol, drugs, mental illness, **domestic violence**, and ability to provide food and housing for your children. Bring phone numbers and addresses of people who know you and/or your children, such as a community nurse, teacher, boss, or landlord. Your lawyer may want to talk to those people or hire an investigator to ask those people questions. This information helps your lawyer give DHS and the judge the full picture of your family.

### **Is what I tell my lawyer private?**

Information you tell your lawyer is **confidential** or private if only you and your lawyer are there when you talk. If anybody is with you, then the **lawyer-client privilege** does not apply to keep what you say between just you and your lawyer. This is why your lawyer will ask to talk with you alone.

### **If I leave a message for my lawyer, when will I hear back?**

In working with your lawyer, it helps to understand that the court assigns your lawyer many other clients, often too many clients, and he or she is very busy. It may take a day for your lawyer to call you back when you leave a message. It is your lawyer's job to make enough time to work with you on your case, but he or she cannot spend time on your case every day, and there may be weeks when your lawyer is in a trial for another client and cannot spend any time on your case.

### ***Mark's Voice***

I first met my lawyer while I was in jail. My children went into foster care because my home was raided by the police while I was in jail and DHS felt my children weren't safe with their mom. My kids were placed in foster care with their grandparents. Because of my criminal background, I didn't really have much faith in a court appointed lawyer. My lawyer came and met me in jail; she explained my rights to me and the fact that my upcoming hearing was about several different **allegations** against me and my wife. She said that I had the right to be present at the hearing and, if I wanted, she would have me transported there. She explained what the **allegations** against me were and that I could either admit the **allegations** and do what DHS and the courts asked or I could go to trial and contest the **allegations**. At the hearing, I admitted some of the **allegations** and my lawyer told the court that some of the **allegations** weren't true. My lawyer was the first person that I told what life was like for my family. By telling her my story my lawyer was able to help me start helping myself.

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### Tips for Working with Your Lawyer

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✓ Talk with your lawyer about the names used in your county for the hearings, the timeframes, and the purpose of each hearing.

✓ Your lawyer should do the following:

- meet with you before every hearing and represent your interests in court
- gather information that supports your position
- help you understand your rights
- let you know the time and place of each hearing
- tell you what to expect at each hearing
- explain child welfare laws that apply to you and your family.

✓ Talk with your lawyer about what you want to be said in the hearing. If you want to speak yourself, be sure that your lawyer knows this and arranges for you to have your say.

✓ If you believe that someone is saying things in court about you or your family that are not true, let your lawyer know.

✓ If you are confused about what took place in court, be sure to ask your lawyer to explain it to you.

### What will my lawyer do at the beginning of the case?

Your lawyer will explain the legal process and answer questions you have. Together you will make a plan to reach the outcome you want. This may involve deciding what changes you will make in your life and what steps you will take to make those changes happen. Or it may be that there are no changes to be made.

### What does the lawyer do with the plan we made?

If you ask your lawyer to share your plan with DHS, then he or she can ask them to adopt all or part of your plan as their plan. In talking with DHS and at hearings, your lawyer will explain why your plan is a good one and should be used as the service agreement in the case.

### Will DHS use my plan?

The caseworker will write up a plan also and then work with you and your lawyer to try to end up with a plan that everybody agrees will lead to needed changes. The law requires DHS to have two plans, one is the **primary plan** and one is a back-up plan, called a **concurrent plan**, in case the **primary plan** does not happen. If you want your child to grow up living with you, then **reunification** should be the **primary plan**. The caseworker will need to look for relatives or other families who could raise your child if, during the next year, you do not show the judge you have taken care of the safety risks and are able to have your child live with you. You will hear the judge ask the caseworker about the **concurrent plan**; that does not mean **reunification** is no longer the **primary plan**.

### Do I need to file an answer?

In some counties, the parent must give the court a written response to the claims made by DHS, called an **answer**. Your **answer** lets DHS and the judge know early in the case which claims you agree with and which you think are not true. Your lawyer will write your **answer** and file it with the court after reviewing the DHS **petition**, which is the document used to state DHS' claims, called **allegations**. Some counties will have a preliminary hearing for parents and their lawyers to present their **answers**.

### **What if I think the DHS findings are wrong?**

In its **petition**, DHS lists its reasons, called **allegations**, for removal and making your child a ward of the state. The word **jurisdiction** is used to mean that DHS has the right to take over **guardianship** of your child because of an unsafe living situation. You decide whether you agree that any or all of the reasons did exist in your home at the time your child was removed. Your lawyer will advise you whether the **allegations** are legally enough for the court to have **jurisdiction**. If you think that none of the reasons were true at that time, or were not legally enough for the court to take **jurisdiction**, then you may decide to have a trial at which your lawyer will present **evidence** and explain your reasons to the judge for why the **juvenile court** should not have **jurisdiction** over the case.

### **How will the case be different if I challenge jurisdiction?**

When you challenge DHS's right to be involved in your family, then your lawyer and the lawyer for DHS will spend several weeks gathering information and preparing for a trial before the judge so that the judge can decide. When you do not challenge **jurisdiction**, then there will be a hearing when you will make **admissions**. If **jurisdiction** is established, either after **admissions** or a trial, then there will be **review hearings** where you can share with the judge how well you are making progress. You can ask to begin classes, counseling, and visits at the first hearing, even if you disagree that any of the **allegations** are true.

# **Part 3**

## Working with Your Lawyer: The Next Part of Your Case

**PART 3  
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## Tips for Concurrent Planning

✓ It is important for you to know how the **concurrent planning** process works so you can try to influence what the plan will be.

✓ If you are uncertain of what this process means for you and your child, be sure to get answers from your lawyer.

## Section 6: The Next Court Hearing

There will be a second hearing sometime within 60 days after DHS filed its **petition**. Like the first hearing, different names are used in Oregon counties for this court hearing. Usually it is called a **jurisdictional** or **dispositional hearing** (a hearing about how the court is going to **proceed** once there is **jurisdiction**), although some counties have separate hearings for **jurisdiction** and disposition. Also, some counties hold a hearing between the **shelter hearing** and this hearing. In some counties there will be a **settlement conference** before the **jurisdiction** hearing. Finally, in some cases, there is a trial instead of a hearing on **jurisdiction**. At each hearing, the day and time of the next hearing is scheduled. Write that day and time in your calendar. Ask your lawyer to explain exactly what will be decided at the next hearing and write that down so you will remember because there can be weeks or months between each hearing.

### What happens next in court?

It depends on whether or not you agreed that DHS and the court need to be involved with your family, which means the court has **jurisdiction** in the case. The hearing is for the judge to hear whether the parties have agreed to **jurisdiction** and to a service agreement. If you deny all of

the **allegations** in the **petition**, then the judge and lawyers will find a few days for a trial to happen about a month after the hearing. If you have agreed to **jurisdiction**, the hearing will be used as a time for the judge to hear **admissions** from you about what you think gives the court **jurisdiction** over your family, what has been going on, and what the parties want for **services**.

### My case has separate jurisdictional and dispositional hearings, how are they different?

The focus of a **jurisdictional** hearing is on whether Oregon law requires DHS to be involved with your family. The focus of a **dispositional hearing** is on the service agreement and deciding where the child should live while the case continues.

### Who will be at the hearing?

Parents have the right to be at all hearings and you should always be on time. Your lawyer will likely ask you to arrive early so the two of you can review what will happen. DHS will have a worker there to speak to the judge and a **court appointed special advocate (CASA)** may be there. Older children in the case sometimes come to the hearing. Lawyers may be there to represent you, your child(ren), and any other parents of the children in the case. There may be a Department of Justice lawyer or a District Attorney at the hearing. These are all of the people who have the right to speak to the judge at the hearing. Because hearings in court are open to the public, any person interested in the case may come. Often grandparents and foster parents will come and the judge may ask them if they have information to add. Ask a friend or family member to come with you to give you support before, during, and after the hearing.

### **The judge asked DHS about the concurrent plan, what is that?**

DHS is required by law to work on a backup plan for the child's future in case she or he cannot return home. DHS caseworkers need to report to the judge on what work they have done on the **concurrent plan**.

The reason for **concurrent plans** is to shorten the amount of time it takes for children to find permanent homes if they do not return to their parents. It also reduces the number of **placements** for a child. Here are some examples of how **concurrent planning** works:

- A child in foster care lives with a family (usually a **foster family** or a relative) who is willing to work closely with the parents to help the child return home. This family also may be willing to become the child's permanent family, through **adoption** or legal **guardianship**, if she or he cannot return home.
- A child might be placed with a "pre-adopt" family who would like to adopt the child, if she or he cannot return home.

### **Can the judge order DHS to return my child?**

At any hearing, a judge can order the return of a child if there is no reason for the child to be out of his or her home. Even if your child is returned home, the judge may order you to be involved in **services** for you and your child.

## **Section 7: Jurisdiction Trials**

You can ask for a trial to decide if the claims DHS makes at the beginning of the case are true. A trial is where **evidence**, such as testimony of witnesses and documents, is presented and the judge decides whether the state has proved the case.

### **Who decides if there will be a trial?**

You do. Every parent has a right to a trial. In a case with one child, it may be that the mother asks for a trial and the father does not. Each parent involved makes their own decision about wanting a trial.

### **Are there trials in most cases?**

It does not matter what happens in most cases; what matters is your case and if you believe DHS is wrongly involved with your family. Often, it is clear if DHS made a mistake or not and the judge can decide that in a hearing. However, often the families DHS gets involved with really do need some classes and counseling to help with difficulties in parenting because of drugs, **domestic violence**, or mental illness. Often treatment and classes work to help parents make needed changes. Each family is different and all that should matter to you is what is best for your child(ren).

### **If there is a trial, what happens before the trial?**

A trial takes weeks and sometimes months to prepare, and then the trial itself usually takes two to four entire days in court. Parents wanting a trial may need to meet with a psychologist or psychiatrist for an interview and tests so that person can give their opinion of the parent's psychological and mental health and abilities. Records of your past criminal history or involvement with DHS will be found and used. Information about the events that caused DHS to become involved with your family will be collected from people as well as information about all actions you have taken since the case began.

### **What happens at trial?**

As the parent, your living situation and lifestyle will be discussed in detail in court and you will be called on to answer questions about your life and decisions that have any relation to your child's well-being. Other people will speak and answer questions also, including caseworkers, counselors, teachers, foster parents, and your child if he or she is old enough to share useful information.

### **What are some things my lawyer should do before the trial?**

There are many things that a lawyer will do to prepare for a trial and while a trial is happening. Lawyers should file **motions**, which are ways of asking the judge to take action in your favor, such as limiting the use of unhelpful information at trial. **Motions** should be filed before the trial, and sometimes they will need to be filed during the trial, as well. Based on the results of the **motions** and the **investigation**, your lawyer will present information, called **evidence**, on your behalf, and challenge the **evidence** of the other lawyers. To do this, your lawyer will make arguments to the judge, as well as object to the arguments and **evidence** of other lawyers. Your lawyer will discuss with you what will happen at your trial. If you have questions, be sure to ask your lawyer so that you are prepared for what is happening.

### **What gets decided at a jurisdiction trial?**

The judge decides if DHS must be involved in your family by looking at Oregon laws and the facts presented at trial. If the judge decides that DHS involvement is required by Oregon law, then your child may or may not live in your home while you and your child do **services** such as classes and counseling. If the facts presented show that Oregon law does not require DHS involvement, then your children will be returned to your care and you will not need to do anything.

## **Section 8: Service Plans**

### **What does “services” mean?**

**Services** is the word used for any activity that DHS uses to meet the needs of children and parents. Examples include counseling, drug treatment, food stamps, and classes such as anger management, parenting, and life skills. DHS caseworkers can sign you up for these programs, by making **referrals**. When your child is living with a **foster family**, the time you spend with him or her is called **visitation** or **parenting time**, and is a service because the caseworker works with the **foster family** and you to set a time and place for that to happen.

### **What is a service plan?**

It is the written statement of what needs to happen for DHS to no longer be involved with your family. When you become involved with the child welfare system, you will be involved in making a written **service plan**. This plan is an agreement between you and DHS. This Guide uses the words “agreement” and “plan” when talking about this, it is also called an action agreement. You will be asked to sign the **service plan** and you will receive a copy of the **service plan** to keep. If English is not your first language, ask for a written copy of the plan in your first language.

### **Who puts together the service plan?**

It is the job of DHS to make a **service plan**. You, the parent, should always be involved in developing the **service plan**. It is also important to include children who are old enough to participate.

### **Is the service plan just a list of what I need to do?**

The state is required by federal law to develop the **service plan** for your child and family. Working on the **service plan** gives you the chance to define your rights and responsibilities as a parent while your child is in foster care, have a say in the type of care your child will receive, and explain what help both you and your child need.

### ***Angelina’s Voice***

When I first started my journey of recovery six and a half years ago, I was faced with the severe consequences of losing my daughter, losing my family, and losing any credibility I may have had prior to 20 years of struggling with heroin addiction. Not only did everyone give up on me, but I had given up on myself as well. In total devastation, I entered the treatment program I had gone through two times before and failed. I hoped to find the person I lost inside myself over years of being subjected to trauma and abuse. On the second day in treatment I was fortunate enough to meet the Director of Parents Anonymous, Ruth Taylor, who facilitated the voluntary weekly support group for parents. Ruth believed in me when no one else believed in me, she believed in me until I could believe in myself. Somewhere in the process of working on staying clean and becoming the parent my daughter deserved, I started to believe in myself and realized that I was my best advocate; I had the power to change all aspects of my life. The Parent Mentor Program was modeled on my experience. Now, I am so grateful to be that one parent who believes in my clients when no one else believes in them, because all it takes is one person!

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## Tips About the Service Plan

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✓ If your child is in out-of-home placement (also referred to as foster care), the state is required by federal law to develop the **service plan** for your child and family with you. Working on the **service plan** with your lawyer gives you the chance to do the following:

- explain what help both you and your child need
- set goals that are important to you
  - ask for specific **services**
  - ask questions
  - have a say in the type of care your child will receive
    - define your rights and responsibilities as a parent while your child is in foster care
    - understand your responsibilities and the agency's

✓ When you sign the **service plan**, it means that you agree with it. If you don't agree with it, talk about it with your lawyer.

✓ Make sure your child has input into the plan if she or he is old enough.

✓ Ask for and keep a copy of your **service plan** and any updates to it.

## Who pays for these services?

Both you and DHS cover the cost of **services** in the plan. For example, DHS will bring your child to and from the foster home to a DHS office or other place where you spend time together, and DHS often gives bus tickets to parents for going to classes that are part of the plan. Parents often have to pay some amount for classes. Parents also are asked by the state to make child support payments to the state while their children are in foster care.

## How can I do these services if I do not have a car or my license is suspended?

You will have to arrange for transportation. DHS may be able to give you bus tickets or gas money.

## What if I change my mind about parts of the service agreement?

When you sign the **service plan**, it means that you agree to take the actions listed. If you think parts of the plan are unreasonable, talk about it with your lawyer.

## What responsibility does DHS have to help me so that my child can come back home?

Federal law requires states to make **reasonable efforts** to do the following:

- keep children in their own homes,
- provide **services** so that children can return home safely, or
- find children another permanent **placement**.

## What kinds of services might be in the plan?

**Services** such as counseling, substance **abuse** treatment, mental health **services**, parent training, and others can be in the plan. These **services** should meet your needs as well as the needs of your child. Time with your child is a very important service to be included in the plan.

## What if I do not want to do some of the services?

If the judge approved the plan, then you are expected to do everything in the agreement. For your child to return to your care, you need to do everything. Skipping classes or dropping out of treatment are examples of not doing everything in the plan. Child welfare laws are based on the ideas that if parenting your child is very important to you, then doing the **services** will be very important to you because it is what you need to do to be reunited as a family.

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### Tips for Review Hearings

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- ✓ Be sure to let your lawyer know about the progress you are making in the **services** you are receiving. For example, if you receive mental health or substance abuse treatment, how are you doing?
- ✓ Sometimes there are waiting lists for **services** that you may need (for example mental health **services**, public housing, substance abuse treatment). Some communities have agreements that allow families whose children are in foster care to move up on these waiting lists. Ask if you can be moved up on the waiting list(s).
- ✓ If you have not received the **services** listed in your **service plan**, tell your lawyer.
- ✓ If you have problems and need mental health or substance abuse treatment, the decision to participate in treatment is yours alone. But be aware that if you do not get treatment, it will probably affect whether your child can return home.
- ✓ Form a support system around yourself to help you get through the tough times. Take care of yourself so you can be there for your children.

## Section 9: Review Hearings

**Review hearings** must happen every six months and sometimes happen more often. They will be with either a judge at the courthouse or a **Citizen Review Board (CRB)** somewhere other than the courthouse. They generally last less than an hour, sometimes much less. It is important that you do not arrive late for a hearing because you could miss it entirely.

### What is a Citizen Review Board (CRB)?

The **CRB** is a small group of trained volunteers, **appointed** by the Chief Justice of the Oregon Supreme Court, who review the progress of cases of children who have been removed from home. Findings and **recommendations** from the **CRB** are forwarded to the court that has **jurisdiction** of the child. **CRB** review may take the place of a court hearing, and if the judge, after reading the findings and **recommendations** of the **CRB**, believes that a hearing is necessary, then the judge can order one.

### What if I can not come to a hearing?

You should make every effort to come to the hearings at the time that they are scheduled. However, if you are unable to make it, ask your lawyer to request that the hearing be held when you are able to attend. If it is just not possible for you to come to the hearing, then let your lawyer or the caseworker know why so that information can be shared with the judge. If you have a good reason to not be there, but can be on the telephone during the hearing, tell your lawyer who can try to make that happen.

### What are review hearings for?

**Review hearings** help you, DHS, and the judge or **CRB** know the following:

- if your child is safe and well in his or her present **placement**
- whether your child needs to continue in the **placement**, and if not, the timeline for **reunification**
- if you and DHS are doing what the **service plan** says each of you will do
  - what kind of progress is being made, and
  - whether the **service plan** should be changed.

### **What happens at review hearings?**

Talk with your lawyer before all hearings to let him or her know what you want to be said in the hearing. If you want to speak yourself, be sure that your lawyer knows this and arranges for you to talk during the hearing. You also can give the judge a letter you have written ahead of time. If English is difficult for you, then ask for an **interpreter**.

During the hearing, the caseworker will tell the judge how your child is doing and what has been happening in the case. Your lawyer will share what actions you have been taking and any changes you want to the **service plan**. If you believe that someone is saying things in court about you or your family that are not true, tell your lawyer. If after the hearing you are confused about what happened, be sure to ask your lawyer or the case worker to explain it to you.

### **At the review hearing they mentioned a permanency hearing, what is that?**

At a **review hearing**, a **party** may ask for a **permanency hearing**, which is asking for the plan to change from returning the child home to a different plan, usually the **concurrent plan**. Even if a **permanency hearing** is not asked for, the law makes courts set one on the calendar within one year from when your child was removed. Talk to your lawyer about what will happen at the **permanency hearing** and what **concurrent plans** DHS has made. This is a very serious stage of the case and could lead to the **termination of your parental rights**.

### **WARNING**

**If your caseworker or anyone wants to talk to you about relinquishing your parental rights or says that your parental rights might be terminated, it is important to talk about this with you lawyer, as it could lead to permanent loss of your parental rights.**

## Section 10: Parenting Your Child in Your Home

This section covers how the **Children, Adults, and Families Division of DHS** can help you and your child live together safely, whether your child has not been removed or was removed and returned, called **reunification**. **In-home services** give families support and financial help to get the clothes, housing, counseling, and other items and **services** they need to live together. For more information on **services**, see Section 7 of this Guide.

### How can I get in-home services?

Most often, families are referred to **in-home services** after a report of child **abuse** or **neglect**. If your family needs help to stay together and keep your children safe, you should be eligible to receive in-home support **services**. In addition, if your child is returning from **out-of-home care**, then **in-home services** that will help you get back together as smoothly as possible should be available to your family.

**Referrals** for these **services** may be made by the agency worker, the court, doctors, health departments, mental health centers, schools, law enforcement, and other interested professionals. There are three ways you can get **in-home services**. You can be referred by someone else, you can be ordered by the court to participate in **in-home services**, or you can ask for the **services** yourself.

### What happens if I refuse in-home services?

If the **in-home services** are not court-ordered, then you can refuse to participate or you can stop participating. But if there is concern for your child's safety, then the court can order you to participate.

### *Lisette's Voice*

I am a single mother of four boys. Four years ago, I was living with my boyfriend and there were a lot of fights in my home and the boys were always injuring themselves. Because of the domestic violence and the boys' injuries, I was reported to child abuse at least four times. Most of the times the protective services worker found that I did not hurt the children. But when my 6-year-old set his bed on fire, the protective services worker said that my family needed help. We agreed to accept **in-home services**. By that time, my boyfriend and I had separated, and I was having a hard time keeping my family together. I put two of my children with my sister and two stayed with me. Once the worker and I began to work together, we found out that all four of my sons needed help with their mental health. They were getting into trouble in the neighborhood, setting fires, and doing poorly in school. We also had no place to live and needed a lot of things. The **in-home services** worker helped us get Section 8 housing. She helped us get food and clothes so we could all live together again. She also took us to a community mental health program. I found out that my sons had a lot of problems. They had ADD, ADHD, learning disabilities, and one had epilepsy. The mental health program prescribed medicine for them, and mental health counselors and taught me how to help them. The **in-home services** worker also went to the schools with me and attended the **IEP** meetings. A year after the in-home worker referred me to the community mental health program, my case closed. I now have a family advocate who attends school meetings and court hearings with me. My problems are not all solved yet. My 13-year-old son is involved with the court system. He is mentally challenged. I am still involved with the mental health program, but my family is still all together. They are no longer being injured, and we are working on our problems with a case manager and a family advocate.

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### Tips for successful reunification

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✓ Request that your family and friends be involved in your support system.

✓ Request the appointments take place during times that work for your family, for example, after the regular workday or on weekends.

✓ If you think you need help, ask for it.

✓ If you think you will need support **services** after your child returns home, talk with your lawyer about how to get them.

✓ If you learn about an approach that appeals to you, ask if it can be considered for your family.

✓ Ask for **services** in your own language.

✓ Talk with your lawyer about how to bring together your child welfare **service plan** with other **service plans** you are involved in.

✓ Ask your lawyer to help coordinate appointments and activities that are part of all your **service plans**.

✓ If you have a voluntary agreement with the child welfare agency, be sure to get the agreement in writing. It should clearly explain your parental rights.

### Do child welfare agencies have funds to pay for in-home services?

Federal laws say how important it is to prevent the **placement** of children in **out-of-home care**, but the federal government provides more funding for **out-of-home care** than for **in-home services**. Oregon does not have enough state money to serve many of the families who need **in-home services**.

### Will there be rules I need to follow to get in-home services?

For your children to live with you while the court has **jurisdiction** over your case, there needs to be a good plan in place that shows how you will keep them safe by protecting them from possible harms. The plan may include protective actions you will take to keep your children safe and **services** for you and/or your children that you must work into your daily and weekly routine.

### What does reunification mean?

**Reunification** means that a child returns home to his family after foster care. **Reunification** is the most preferred goal for children who are in foster care.

### Will I get custody of my child once she returns home?

It depends. You might get back full **custody** when your child returns home, and you will no longer have to be involved with DHS and **services**. Or you might have only **physical custody** of your child. This means your child would be living with you, but DHS would still have **legal custody**.

If DHS keeps **legal custody**, return of **legal custody** to you could be based on certain conditions set by the court. Within the time frame that is set, you must meet those conditions and continue working on the **service plan**. The **service plan** should list the kind of support **services** that will be made available to you once your child returns home. When you, DHS, and the court agree that your child is safe with you and that you are able to care for him or her now and in the future, then you should regain full **custody** of your child.

### When will the child welfare agency and the court no longer be involved with my family?

Once your child is at home with you, any **monitoring** activities have ended, full **custody** has been returned to you, and you are no longer receiving **services**, then your case can be completely closed in court.

## Section 11: Resources

### Community Support Organizations

Parents Anonymous

Parent Support Line (503) 258-4557

[http://www.morrisonkids.org/programs/parents\\_anonymous.aspx](http://www.morrisonkids.org/programs/parents_anonymous.aspx)

Volunteers of America

(503) 235-8655

<http://www.voao.org/Learn-About-our-Services/Children-and-Family-Services.aspx>

Oregon Alliance for Children Programs

(503) 399-9076

<http://oregonalliance.org/abo/PSD/psdindex.html>

Children of Incarcerated Parents

[http://egov.oregon.gov/DOC/TRANS/PROGMS/oam\\_children.shtml](http://egov.oregon.gov/DOC/TRANS/PROGMS/oam_children.shtml)

### Oregon Laws

Juvenile Code: Dependency, Oregon Revised Statutes Chapter 419B

<http://www.leg.state.or.us/ors/>

Children, Adults and Families Division: Child Welfare Programs, Oregon Administrative Rules Chapter 413

<http://arcweb.sos.state.or.us/banners/rules.htm>

### Oregon Courts

<http://courts.oregon.gov/OJD/courts/index.page?>

### Lawyer Information

Oregon State Bar

1 (800) 452-8260

<http://www.osbar.org/>

Oregon Public Defense Services

(503) 378-3349

<http://www.oregon.gov/OPDS/>

### Department of Human Services

DHS Main Website:

[www.oregon.gov/DHS/](http://www.oregon.gov/DHS/)

DHS Child Welfare Policies:

[www.dhs.state.or.us/policy/childwelfare/](http://www.dhs.state.or.us/policy/childwelfare/)

### *Christine's Voice*

When my child was removed because my boyfriend and I were arrested, the caseworker came to visit me with relinquishment papers and I refused to sign them. I told the caseworker that I wanted to do a plea bargain, work release, and drug treatment. The caseworker said it was too late.

By the time I went for my pretrial conference, I had 90 days clean and was engaged in treatment as well as having a job. I was lucky and the judge suspended the trial for six months. The judge told me that if I was telling the truth, then in six months I would be doing even better but, if I was lying, then they would know because I would be back in jail. At this point no one really believed I could do it, even my lawyer said that if I was able to turn this around she would be amazed. I kept telling myself that if I just kept doing the right thing then eventually they would have to believe me.

In six months I came back in front of the judge and I was doing even better! The termination was dropped and they began a return home plan for my three kids. One of the keys to my success was that I was finally able to separate from my boyfriend who DHS viewed as inappropriate. That, along with staying clean and sober, allowed me to regain custody of my children.

## Section 12: Definitions

This section contains words or phrases used in this guide and the child welfare system that may be unfamiliar to you. It also has words or phrases that are not used in this guide. These are terms that you may see or hear as you are involved with the child welfare system.

**abuse** – Physical harm to a child that is not accidental.

**admission** – When the parents (and perhaps child) admit that the **allegations** in the petition are true and consent to the court taking jurisdiction of the child.

**adoption** – The process by which a person who is not a child’s parent becomes the child’s legal parent.

**Adoption and Safe Families Act (ASFA)** – A federal law with rules about what states must do in dependency cases to keep getting federal money.

**allegations** – (of a **petition**) The part of the petition that says why the court should have jurisdiction over the child, by stating the **abuse** or neglect the child suffered.

**allege** – To assert that something is true.

**answer** – A written statement filed with the court that admits or denies each **allegation** in the petition.

**appointed** – When the court chooses a person to take on a task, it appoints that person to the job.

**ASFA – Adoption and Safe Families Act** – see above

**assessment** – A process to determine whether a child, parent or family have particular needs. The result of **assessment** is often recommendations for services. There are many different types of **assessments** in **dependency cases**, including: drug and alcohol **assessment**, mental health **assessment**, safety **assessment**, **risk assessment** and family **assessment**.

**Assistant Attorney General** – Title for lawyers who work for the Attorney General’s office and represent DHS in dependency cases.

**burdens of proof** – The amount of evidence needed to prove **allegations** or allow state action regarding a child. The burdens of proof are: beyond a reasonable doubt, clear and convincing evidence, preponderance of the evidence, and probable cause.

**CASA** - court **appointed** special advocate

**child and family teams** – The child and family team comes together to develop family service plans. The team is usually made up of the service providers and DHS representatives who are working with the family, extended family members, and other support persons, such as neighbors or ministers.

**Child Protective Services (CPS)** – The agency that is responsible for investigating cases of suspected **abuse** or neglect of children and for providing services and supports to children and families.

**child safety meetings** – Meetings for making a plan for the child to be safe during the case.

**Children, Adults and Families Division of the Oregon Department of Human Services Division** –The state’s child protection agency located within DHS. CAF provides services and programs to protect children who experience **abuse** or neglect; strengthen families to help keep them together; provide quality foster care and ensure permanent families when necessary for the safety and protection of children.

**Citizen Review Board (CRB)** – A local board of trained volunteers, **appointed** by the Chief Justice of the Oregon Supreme Court, upon recommendation by the local presiding judge, who review the progress of cases of children who are in substitute care. Findings and recommendations from the CRB are forwarded to the court that has jurisdiction of the child or youth. CRB review may take the place of a court hearing. If the court, upon reviewing the findings and recommendations of the CRB, believes that a hearing is necessary, the court may order that one be held.

**clear and convincing evidence** – The **burden of proof** between "preponderance" and "beyond reasonable doubt;" the amount of evidence necessary to establish jurisdiction in an Indian Child Welfare Act case or to terminate parental rights in a non-Indian Child Welfare Act Case.

**client** – A customer of one who gives professional services.

**concurrent plan** – A plan for permanency for a dependent child who is in foster care in addition to the primary plan of returning the child to the parent.

**confidentiality** – Information that is private and not to be shared; there are many rules keeping papers and conversations confidential, and rules about when information can be shared.

**considered judgment** – When children are mature enough to understand the process and importance of the outcomes in a dependency case, then they have considered judgment and make their own decision about what outcome they want.

**Court Appointed Special Advocate (CASA)** – A trained volunteer who is **appointed** to investigate a dependent child's situation and to make recommendations to the court about what is in the child's best interest.

**court order** – A legally binding document that describes the judge's instructions or directions. All parties to a court order must follow it.

**CPS – Child Protective Services** – see above

**CRB – Citizen Review Board** – see above

**custody** – A judge grants this to an adult or an agency so that they have the legal right to care for a child. The person or agency with custody has the power to make major decisions regarding the child.

**denial** – A statement by parents and/or child that the **allegations** of the petition are untrue and that the child should not be within the jurisdiction of the court. A denial is also a request that the court hold a jurisdiction hearing/trial on the **allegations**. Parents must be given an opportunity to admit or deny **allegations** of a petition no later than 30 days after it is filed.

**dependency case** – A case concerning a child who has been, or is **alleged** to have been, **abused** or neglected.

**dependency petition** – A **petition** that **alleges** a child is within the **jurisdiction** of the **juvenile court** due to child **abuse** or neglect.

**deputy district attorney (DDA)** – Title of the lawyer who works for the state on some cases.

**DHS** – Department of Human Services

**disposition** - If the **allegations** of the petition are admitted or proven true in a jurisdiction hearing/trial then the court holds a separate hearing (even though it may happen on the same day, immediately following the jurisdiction hearing) to decide what services the family needs to enable the child to safely return to the parent's care.

**dispositional hearing** – The hearing where the court decides what services the family needs to enable the child to safely return to the parent's care.

**domestic violence (DV)** – Violence against a person you live with or are intimately involved with.

**emergency placement/removal** – This is when a child is temporarily removed from his or her family because the CPS worker has concerns about the safety of a child. The CPS worker is supposed to get an emergency protection order either before or immediately after the child is removed. The emergency protection order will then be reviewed in a court hearing to see if your child can return home.

**emergency shelter** – This is a temporary, short-term place where children who are taken into state custody may stay. It may be a family home or a group facility. It is set up to provide an immediate safe environment while decisions are being made about where a child will live.

**evidence** – Information the court uses to make decisions in a case.

**family group decision making (sometimes called “family team decision making”)** – A meeting that is held with the family and extended family members to get them involved in planning for the safety and permanency of the child or youth.

**family mediation** – This is a process in which a trained mediator helps to find solutions on issues regarding a child’s welfare and placement. Generally, mediators are provided to assist parents in negotiating with proposed adoptive parents concerning future contact between the biological parent and the child. This person (often called a “mediator”) is not directly involved with the family or with the child welfare agency. This person works with DHS workers and family members to reach agreement on issues.

**foster family** – An out-of-home placement in a home setting with foster parents who are licensed, trained caregivers.

**founded** – a finding after the initial **CPS assessment** that there is believable **evidence** that child **abuse** or neglect has occurred. Another term that means the same thing is **substantiated**.

**group home** – An out-of-home placement in which a number of unrelated children live together for different lengths of time. Group homes may have one set of house parents or may have rotating staff. Some therapeutic or treatment group homes have specially trained staff to assist children with emotional and behavioral difficulties.

**guardianship** – A legal way for an adult other than the parent to assume parental responsibility and authority for a child. This is done without ending the parental rights of the birth parents. Legal guardianship for a child is a relationship between the child and a caretaker that is created by the court. It is intended to be permanent.

**IEP** - Individualized Education Program

**independent living placement** – An out-of-home placement, for example, an apartment. It is for older youth in foster care and those who leave the foster care system to live on their own. This includes youth who cannot return home to live, are not placed with relatives or guardians, and are not adopted.

**independent living services** – These are services to prepare youth for adulthood. They may focus on developing skills in areas such as money management, job hunting, daily living skills, and communication skills.

**Individualized Education Program (IEP)** – Federal law states that children with disabilities have the right to attend public schools with their peers. A team of school staff and parent(s) create a plan to identify areas the child needs help with in the current school year. The IEP also describes how the school will provide these services.

**in-home services** – DHS may give families referrals for support and financial help to get the clothes, housing, counseling, and other items and services they need to live together.

**interpreter** – One who translates from English to the person’s first language or from the person to English.

**investigation** – This is the formal information gathering process used by DHS to determine whether or not child **abuse** or neglect has occurred.

**jurisdiction** – The hearing at which the court makes a finding that it is justified for the court and DHS to be involved.

**juvenile** – Child under 18 years of age.

**juvenile court** – A court with jurisdiction over all cases involving children under a 18 years of age.

**kinship care** – An out-of-home placement with the child’s relatives.

**lawyer-client privilege** – A rule that keeps information you give your lawyer private.

**legal custody** – The right and responsibility to provide care, supervision, and control over a child.

**mediator** – A person who is not involved in the case, who helps the parties reach agreements.

**Medicaid** – Medicaid finances health and mental health care for eligible people with low incomes. Medicaid is run and funded jointly by the federal government and states. Children normally qualify either because they live in a family with very low income or because they have a disability severe enough to qualify them for federal disability benefits such as Supplemental Security Income (SSI).

**monitoring** – To keep close watch over.

**motion** – Papers lawyers file with the court asking the judge to take action in their client’s favor, such as limiting the use of unhelpful information at trial.

**neglect** – To fail to care for a child in a way that keeps them safe from harm.

**Notice of Appeal** – A document that must be filed with the Oregon Court of Appeals when a **party** wants review of appealable orders of the **juvenile court**.

**ongoing safety plan** – The plan to protect a child from safety threats – usually while the child remains in the parent’s home.

**open adoption** – An **adoption** in which the adoptive parent and birth parent agree that the birth parent will keep some type of contact with the child. The contact is usually limited such as pictures annually and the agreement may be difficult to enforce.

**Oregon Safety Model (OSM)** – The name for the process DHS workers must follow in dependency cases.

**out-of-home care/out-of-home placement** – The place a child lives when moved out of his or her home into another home or other setting – foster care or relative’s home.

**parenting time** – Time a parent spends with their children who are in an out-of-home placement, also called visitation.

**party** – People and agencies that are part of a case, in **dependency cases** the children at issue are parties, as are all of the parents of those children, DHS, and sometimes a **CASA**.

**permanency** – This is one of the goals established by federal law for children who are in out-of-home placement. When a child has been placed outside of the home, DHS must establish a permanent home for her or him within time limits. The initial permanent plan is to return the child to the parent but in each case there must be a concurrent plan – which DHS is working on concurrently. The concurrent plan is usually **adoption**.

**permanency hearing** – A hearing held to determine the most appropriate permanent plan for a child who is placed out-of-home.. Most often this hearing will be held 12 months from the date jurisdiction was established or 14 months from the removal of the child (whichever is earliest). A permanency hearing may also be held at any time upon motion of a party or if the court determines that one should be held.

**permanency planning** – This is the process the DHS worker goes through to ensure that a permanent plan is developed and implemented.

**petition** – A legal paper which states facts about a child that, if true, would justify the court taking jurisdiction of the child.

**physical custody** – The adult living with the child has physical custody of the child.

**placement** – Where a child who has been removed from his home – this can be a foster home, a relative or a group facility.

**prehearing/settlement conference** – Any one of a number of proceedings or meetings among the parties to a dependency case that aim to deal with the petition without a trial.

**preponderance of the evidence** – A **burden of proof** in which a fact is more likely true than not true; the amount of proof necessary to establish jurisdiction or to establish a fact as proven in a review hearing in a non-Indian Child Welfare Act Case.

**prevention and family support services** – These are services to support and strengthen families so children do not have to be placed out of their home. These may include services such as family education, **respite care**, voluntary visiting services, and family support programs.

**primary plan** – The plan that the judge has approved DHS working toward.

**probable cause** – A **burden of proof** in which there is some reason to believe that an **allegation** is true; the amount of proof necessary to allow removal of a child from home prior to a trial on the petition.

**proceed** – To move ahead.

**protective action** – What steps a parent takes to keep his or her children safe from harm.

**protective capacity** – A parent's ability to protect his or her children from harm.

**protective custody** – When DHS removes a child from his or her home.

**psychiatrist** – A doctor who works in the branch of medicine that deals with the **assessment** of mental and emotional disorders.

**psychologist** – A person trained to work with people to assess and improve their mental health.

**PTC** – A pretrial conference

**reasonable cause** – A reason that would lead an ordinary person to believe something was true.

**reasonable efforts** – These are the steps DHS must take to prevent children from being removed from their homes and to help children who have been removed to return home. DHS must also make reasonable efforts to help children find other permanent homes if they cannot return to their own families.

**referral** – A way of sending a person to a program or other service with a request for that person to take part in the available program or service. A referral often includes a promise for payment for the service.

**relative placement** – This is a type of out-of-home placement where the full-time care of the child is provided by relatives, godparents, step-parents, or other adults who have a kinship bond with the child. This could also include a close friend, a neighbor, or a member of a child's tribe.

**release of information** – A paper giving the holder of information permission to share that information with the people listed in the release.

**Relinquishment of parental rights** – Voluntarily signing papers that give up all rights to parent your child so your child can be adopted.

**residential treatment center** – An out-of-home placement for a child. It may also be called residential group care. This is a state-licensed, 24-hour facility that has treatment services, including mental health services for children with special needs. Many children in residential care have emotional or physical conditions that require intensive, on-site therapy. Residential treatment centers are usually a temporary placement.

**respite care** - This is a service that gives a family a short break or relief by having someone else temporarily take care of a child. It can be for a few hours or a few days.

**reunification** – When the court returns legal and physical custody of a child to his or her parent.

**review hearing** – At any stage of a case, but most often after jurisdiction and disposition, the court may hold a hearing at which the judge reviews a child's situation and considers adjustments to the case plan. Regular review hearings are usually scheduled every three to six months in most cases.

**risk assessments** – See **assessment**.

**service plan** – A plan saying what services should happen during the case.

**services** - Any activity that DHS helps get parents and children involved with to meet their needs. Examples include visits, counseling, drug treatment, food stamps, and classes such as anger management, parenting, and life skills.

**shelter hearing** – The first hearing after an emergency removal of a child for the **juvenile court** to review the reasons DHS has for having **temporary custody** of the child.

**Substantiated** – When claims made by DHS are supported by enough **evidence**, then the court holds the claims are **founded** or substantiated.

**substitute care** – Another term for placement out-of-home – can include foster care, relative care or residential treatment.

**temporary custody** – When a child is removed from home and DHS is given temporary legal custody of the child.

**termination of parental rights (TPR)** - A legally binding court decision made by a judge that ends all parental rights of the parent.

**Testify** – to speak in court after being sworn in.

**therapeutic foster home (also called "treatment foster care")** – This is a type of out-of-home placement with foster parents who have special training and skills to care for children and adolescents with significant emotional, behavioral, or medical problems.

**TPR** – termination of parental rights

**transition plan** – The plan for moving a child from one living place to another.

**visitation** – Time spent with a child who lives in an out-of-home placement.

**voluntary** – An action not required by a court order.

**wardship** – Children found to be within the jurisdiction of the court are sometimes called "wards of the court."

**Wraparound Program** – This is a service planning program in which the child and family are fully involved in deciding what services are needed. The services offered usually include a lot of community services and supports from other family members and friends.

# Youth, Rights & Justice

ATTORNEYS AT LAW

**Youth, Rights & Justice is dedicated to improving the lives of vulnerable children and families through legal representation and advocacy in the courts, legislature, schools and community. It is our vision that all children and families in Oregon receive the support they need to be safe and to be successful members of the community.**

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